

Reflection on Junior Astronaut Training Program

This year, I had participated in the Mass Mutual Junior Astronaut Training Program. Being a Junior Astronaut is indeed my honour. I found it very meaningful because I have learned a lot of things during this program.

Firstly, confidence is very important to be successful. This program challenges your confidence by giving you a chance to speak in front of 50 participants and parents as well as to participate in an interview with 4 adjudicators in the final round. If you don't have self confidence, you cannot express yourself clearly to impress them.

The second thing I have learned in this program is perseverance. Although I could not get a higher mark during the physical fitness test, I did not give up and still tried my best in the remaining 2 parts and finally I was able to advance to the third and final round.

Last but not the least, it makes you more curious than ever. During this program, I studied a lot about space when we joined the space camp in Huntsville. There I had also experienced simulators like the 1/6 Gravity Training (Moon Walk), Five Degrees of Freedom Chair, G-Force Accelerator, Multi-Axis Trainer, and the Manned Maneuvering Unit. Knowing a lot about mysterious space, I began to feel more curious. I started to read more books and watch television about space. I even went to the Space Museum to watch the movie "Dawn of the Space Age". I am determined to become the first Female Astronaut in China when I grow up.

Being a Junior Astronaut, I have gained a lot of confidence. Everything I have learned from this program will definitely benefit me for the rest of my life. I strongly recommend this program to all my schoolmates. Finally, I would like to sum up with a lyric from the song that I composed for this program: "Nothing is impossible as long as I have a dream!" Thank You!

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